**【2022健行好棒盃】**

**日式精緻創意餐盒料理組標準食譜Standard Recipe**

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| 作品名稱 | |  | | | | | | | | | |
| 作品圖片(以清晰圖檔方式呈現) | | | | | | | 料理創作主題與故事 | | | | |
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| 材料 | 材料名稱 | | 用量 | 單位 | 材料名稱 | 用量 | | 單位 | 材料名稱 | 用量 | 單位 |
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| 料理方法 | 1.  2.  3.  4.  5. | | | | | | | | | | |

※本表WORD檔可至活動官網http://www.hm.uch.edu.tw下載。